

This is to inform that the Interactive radio counseling session can be accessed through radio at frequency 105.6 Mhz and through web at the link www.ignouonline.ac.in/gyandhara (through mobile by downloading the puffin browser and then using the same webaddress).

Gyan Darshan TV, DTH, CABLE TV can be accessed on channel numbers -- AIRTEL- 442, TATA SKY-755, SUN DIRECT- 596, DISH TV - 991, INDEPENDENT TV- 566, DD FREE DISH- MHRD CHANNEL NO. 25, HATHWAY- 473, IN DIGITAL- 297, DEN- 526, and Gyan Darshan can also be accessed through web link at <http://www.ignouonline.ac.in/gyandarshan/>.

The sessions for 16th July 2020 are:

1) 10 am —11 am (GV+GD)

Topic-IGNOU: Aap Aur Hum

Expert: Dr Bir Abhimanyu, SRD

2) 11am—12pm (GV)

Topic: How to Formulate Research Objectives

Expert: Dr. Subodh Kesharwani & Dr. Madhulika P Sarkar, SOMS

3) 12pm—1pm (GV)

Topic: Career Prospects in Russian, Korean and Japanese Studies

Expert: Shivaji Bhaskar, SOFL

4) 12pm—1pm (GV)

Topic: Student Support Services

Expert: Dr. AM Saklani & Dr. S. Mukharjee, RC NOIDA

5) 4pm-4.30pm (GV)

Topic: Work Life Balance

Expert: Prof Nayantara & Dr Lalatendu Jena, Xavier's Institute of Management, Bhubaneswar, SOMS

6) 5pm-6pm (GV)

Topic: Communication & Effective Communication BSCNPB 3rd Year
BNS 110 Block 4 Unit 1 & 2

Expert: Ms Laxmi, SOHS